

# NOVEMBER 2018



Uni Learning

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3 Level 3 Personal Training Weekend course	4 Level 3 Personal Training Weekend course
5 Guy Fawkes Day	6	7 Level 3 Sports Massage Therapy Circuit Instructor CPD Course	8 Level 3 Sports Massage Therapy Studio Cycle Instructor CPD Course	9 Kettlebell Instructor CPD Course	10 Assessment Day	11
12	13 Assessment Day	14 Level 3 Sports Massage Therapy	15 Level 3 Sports Massage Therapy	16	17 Level 2 Fitness Instructor Weekend course	18 Level 2 Fitness Instructor Weekend course
19	20	21 Level 3 Sports Massage Therapy	22 Level 3 Sports Massage Therapy	23	24 Level 3 Personal Training Weekend course NEWRY	25 Level 3 Personal Training Weekend course NEWRY
26	27 Assessment Day	28 Level 3 Sports Massage Therapy	29 Level 3 Sports Massage Therapy	30 St. Andrew's Day (SCT)		

(Courses are located in Belfast unless otherwise stated)

# DECEMBER 2018



Uni Learning

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
					1	2	
3	4	5	6	7	8	9	
Level 2 Fitness Instructor Full time ----->						Assessment Day	
10	11	12	13	14	15	16	
	Assessment Day				Level 2 Fitness Instructor Weekend Course	Level 2 Fitness Instructor Weekend Course	
17	18	19	20	21	22	23	
Level 3 Diploma in GP Referral (Exercise Referral)		Level 3 Award in Designing Pre and Post Natal Exercise Programs					
24	25	26	27	28	29	30	
Closed -----	Christmas Day	Boxing Day					
31							
-----							

(Courses are located in Belfast unless otherwise stated)

# JANUARY 2019



Uni Learning

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 New Year's Day	2 New Year's Day Holiday (SCT)	3	4	5 Assessment Day	6
7 Level 2 Fitness Instructor Evening Course	8	9 Assessment Day	10	11	12 Level 2 Fitness Instructor Weekend Course	13 Level 2 Fitness Instructor Weekend Course
14 Level 2 Fitness Instructor Evening Course	15	16 Level 3 Sports Massage Evening Course	17 Level 3 Sports Massage Evening Course	18	19 Level 3 Award in Designing Pre and Post Natal Exercise Programmes	20 Box-fit Instructor CPD Course
21 Level 2 Fitness Instructor Evening Course Level 3 Diploma in GP Referral (Exercise Referral)	22	23 Level 3 Sports Massage Evening Course	24 Level 3 Sports Massage Evening Course Kettlebell Instructor CPD Course	25 Assessment Day	26 Level 2 Fitness Instructor Weekend Course NEWRY Studio Cycle Instructor CPD Course	27 Level 2 Fitness Instructor Weekend Course NEWRY
28 Level 2 Fitness Instructor Evening Course Level 3 Assessors Award	29	30 Level 3 Sports Massage Evening Course	31 Level 3 Sports Massage Evening Course Circuit Instructor CPD Course			

(Courses are located in Belfast unless otherwise stated)

# FEBRUARY 2019



Uni Learning

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2 Assessment Day	3
4 Level 2 Fitness Instructor Full time	5	6 Level 3 Sports Massage Evening Course	7 Level 3 Sports Massage Evening Course	8	9 Level 3 Personal Training Weekend Course	10 Level 3 Personal Training Weekend Course
11	12 Assessment Day	13 Level 3 Sports Massage Evening Course	14 Level 3 Sports Massage Evening Course	15	16 Level 2 Fitness Instructor Weekend Course	17 Level 2 Fitness Instructor Weekend Course
18 Level 3 Personal Training Full time	19	20	21 Studio Cycle Instructor CPD Course	22	23 Kettlebell Instructor CPD Course	24
25	26	27 Assessment Day	28 Circuit Instructor CPD Course			

(Courses are located in Belfast unless otherwise stated)